



Vol. 34 No. 2  
RAF LAKENHEATH, UK

FRIDAY, JAN. 19, 2007  
[www.lakenheath.af.mil](http://www.lakenheath.af.mil)

## Knights Table dining facility

*Good meals at a good price*

## AEF return

*Tips to help reintegrate to family life*

**PLUS: USAFE birthday**  **Armory**  **Assignment rumor**



JET 48 Vol. 47 No. 2  
Friday, Jan. 19, 2007

**"Anywhere, Anytime ...  
Whatever needs done."**

**Brig. Gen. Robert P. Steel**

*48th Fighter Wing commander*

**Capt. Beth Kelley Horine**

*Public affairs chief*

**1st Lt. Aaron Henninger**

*Public affairs deputy chief*

**Master Sgt. Renee Kirkland**

*Public affairs superintendent*

**Staff Sgt. Nicholasa Reed**

*Internal information NCOIC*

#### **JET 48 STAFF**

**Senior Airman Eric Donner**

*Editor*

**Airman 1st Class Kris Levasseur**

*Staff Writer*

**Rachael Marion**

*Intern*

#### **HOW TO REACH US**

Submissions

**Email:** [jet.48@lakenheath.af.mil](mailto:jet.48@lakenheath.af.mil)

**DSN:** (314) 226-2151

**Fax:** 011 44+(1638) 525637

**Phone:** 011 44+(1638) 522151

**Editorial office:** Jet 48, Unit 5210 Box 215, APO AE 09461

All correspondence should include the writer's full name, address and telephone number and may be edited for clarity and space.

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48th Fighter Wing Public Affairs

**Mail:** 48FW/PA, Unit 5210 Box 215, APO AE 09461

**Email:** [48fw.pa@lakenheath.af.mil](mailto:48fw.pa@lakenheath.af.mil)

**Phone:** 011 44+(1638) 522151

Advertising

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011 44+(1295) 738674

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# AT A GLANCE

## Royal Air Force Lakenheath

INTEGRITY - SERVICE - EXCELLENCE

Home News Photos Art Library Units Questions Join



### Royal Air Force Lakenheath

Royal Air Force Lakenheath, United Kingdom, is located 70 miles northeast of London and 25 miles from Cambridge. As the host wing, the 48th Fighter Wing is also designated the Air Force's Statue of Liberty Wing - making it the only wing with both a numerical designation and an official name. The Liberty Wing has nearly 5,700 active-duty military members, 2,000 British and U.S. civilians, and includes a geographically separated unit at nearby RAF Feltwell. In addition to supporting three combat-ready squadrons of F-15E Strike Eagle and F-15C Eagle fighter aircraft, the Liberty Wing houses the 56th Rescue Squadron's HH-60G Combat Search and Rescue helicopters. RAF Lakenheath is the largest U.S. Air Force-operated base in England and the only U.S. Air Forces in Europe (USAFE) F-15 fighter wing.

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**Five issues of the Jet 48 left until Liberty Live debuts on [www.lakenheath.af.mil](http://www.lakenheath.af.mil).**

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### DUI STATISTICS

#### Last DUI:

☐ 1 a.m., Jan. 14

#### Squadron:

☐ 48th Component Maintenance Squadron

**DUI condition: Yellow**

**ARRIVE ALIVE...  
DON'T DRINK  
AND DRIVE!**



AADD

**AADD Hours:** 10 p.m. to 6 a.m. Thursdays through Saturdays and Sundays on three-day weekends. Call 226-4800 or (0800) 280 178.

*Courtesy of the 48th Fighter Wing Safety Office*

#### ON THE COVER:

Maj. Brian Hartless, 48th Civil Engineer Squadron, is met by his wife Erin and son Ben on his return home from his Air and Space Expeditionary Force deployment Monday. Major Hartless was deployed to Baghdad International Airport in support of Operation Iraqi Freedom. (Photo by Senior Airman Eric Donner)



# Liberty news changing with the times

BY BRIG. GEN. ROBERT P. STEEL

48TH FIGHTER WING COMMANDER

The old saying goes, “The only thing consistent is change.” Most of us in the Air Force probably agree with this adage, based on the past year and year ahead of transformation, change and restructuring our service is going through.

Here at RAF Lakenheath, we’re looking at another big change — the move from a hard-copy, weekly base newspaper to a responsive, on-line news service. Most of you hopefully read last week’s Jet 48, where the 48th Fighter Wing Public Affairs staff shared the vision for “Liberty Live,” soon available on [www.lakenheath.af.mil](http://www.lakenheath.af.mil). Replacing the Jet 48 after 60 years of publication may seem like a tough pill to swallow - it certainly was for me - but if you think about it, most of us already get our news from the Web. Each morning, I surf through CNN.com, washingtonpost.com, and nytimes.com on the Web, as well as Aim Points and AF.mil, to monitor news and information pertinent to our military mission and nation. Why should it be any different to click on one more favorite and read about what happened here on base each day?

Obvious benefits of “Liberty Live” include a much faster delivery time and more coverage of our Liberty warriors and units. You won’t have to wait up to nine or 10 days until Friday’s Jet 48 comes out to read about the Lakenheath High School basketball game that happened the week prior, or see your group’s change of command ceremony featured. Instead, on line, you can read about it within a day or two.

Although my generation had to adapt and evolve with the Internet over the years, the majority of our Airmen, who are under the age of 30, have lived with the Web since they started grade school. Statistics show 76 percent of military age people, ages 18 to 50, use the Internet for news gathering alone; 100 percent of RAF Lakenheath Airmen have e-mails at work, with 81 percent of AF member having an Internet connection at home, too.

For family members, community leaders, retirees and others who may not be completely comfortable with turning to a computer to get information, there is still light at the end of the tunnel. A new weekly publication, combining stories and photos from both RAFs Lakenheath and Mildenhall, will be contracted out to a civilian publisher. It won’t be an Air Force product any longer, but should fill the information gap for those more comfortable with holding a newspaper in their hands.

In the meantime, I encourage everyone to bookmark “Liberty Live” on their Web favorites, and take some time to send in feedback and ideas to our Public Affairs staff at [48fw.pa@lakenheath.af.mil](mailto:48fw.pa@lakenheath.af.mil). In fact, starting next week, if you want to find out my answers to the action line, you’ll have to go on line to read them!

In a word of change, one thing remains constant—the need for news and information. Liberty Live is our solution. Stay tuned for more features and highlights in the coming weeks, as well as the final Jet 48 edition on Feb. 23.

## ACTION LINE



The Action Line is your direct link to me for complaints, suggestions or comments. It’s not intended to replace the chain of command. When normal command agency channels haven’t been able to resolve your concerns, call 226-2324, fax 226-5637, e-mail ([Action.Line@lakenheath.af.mil](mailto:Action.Line@lakenheath.af.mil)), send through distribution (48 FW/PA), mail (48FW/PA, Unit 5210 Box 215 APO AE 09461-0215) or hand carry your Action Line to the public affairs office (Building 1085). You may remain anonymous; however, to receive a reply, please leave your name, unit, duty or home phone number and full APO mailing address. Names are confidential.

I live and work on RAF Feltwell and I have nearly died on RAF Feltwell. My question is about the one-way streets on Feltwell. The only places I see the one-way notifications are on the housing side and they are not very clear. Pickenham and Downham Market are both one way streets are they not? Many times on my way to work I have come across parents driving their children to school going the wrong way, and in the evening I have met many a car whipping out of the parking lot toward Honinton Street/Lakenheath Road going the wrong way.

Can the streets be either wiped clean if they are now two-way streets, or can the one way signs be made more visible?

Thanks for bringing this to my attention. I talked with my civil engineer squadron and we have raised a project to address traffic challenges on RAF Feltwell. The project will incorporate remarking worn road markings on the Pickenham and Cardington junctions and installation of new, additional one-way directional arrows, one-way signs and no entry signage at applicable roads and junctions. Recently we swept roads to remove surface debris and are replacing worn signs with new signage to make existing traffic patterns clearer to all. Road traffic safety is of paramount concern.



## Liberty SFS blotter

The 48th Security Forces Squadron handled the following incidents from Jan. 9 to Monday:

**Jan. 9:** An NCO and a civilian were involved in a minor vehicle accident in the parking lot of the Auto Hobby Shop

**Jan. 9:** An officer was involved in a vehicle accident on the flight line

**Jan. 10:** An NCO reported damage to his vehicle while in the parking lot of Bldg. 1205

**Jan. 12:** A civilian reported damage to her vehicle while in the parking lot of the 48th Avenue

**Jan. 12:** Security forces responded to a report of a verbal altercation outside the Liberty Club

**Saturday:** Security forces detained an NCO for suspicion of a gas drive off at the Army and Air Force Exchange Services shopette

**Saturday:** An NCO was apprehended for driving under the influence of alcohol in London

**Sunday:** An Airman was involved in a vehicle accident on the flight line

**Monday:** Security forces responded to a report of damage to government property and a verbal altercation in Bldg. 917

If you have any information concerning any incident, call the security forces control center at 226-2333, (01638) 522 333 or 226-4800, or call your first sergeant. For an emergency on base call 911, and for an emergency off base call 999.

## Tips for a smooth reintegration

With constant Air and Space Expeditionary Force deployments, the tips provided below can assist in a smooth reintegration into family life and work upon returning from a deployment.

### What to expect

- ❖ **Expect changes in your partner**  
While on deployment both the military member and their spouse or partner have changed. The changes can be both positive and challenging, and is part of the joy and challenge of reunion.
- ❖ **Expect adjustments to take several weeks to several months**  
Reintegration doesn't happen overnight. Don't be surprised if it takes longer than imagined or planned.

### Changes

- ❖ **The household rules may have changed**  
Remember, spouses, friends and family members have adapted while the military member was deployed. Try to be understanding about the changes that have taken place during the time apart.
- ❖ **Don't rock the boat too fast**  
The deployed person should remember to go slow when adjusting to the reunion with their family and friends. Integrating back into the family is a process, not an event.

### Communication

- ❖ **Communicate openly and honestly**  
Being dishonest or concealing true thoughts and feelings can likely lead to problems down the road.
- ❖ **Approach each other as equals**  
The deployed member and family members had to deal with deployment stresses and work through difficult situations and problems. Appreciation and understanding of the problems, while most likely different, aids in a smooth reintegration.
- ❖ **Face-to-face communication may be hard at first**  
The deployed member has been working

with and talking to co-workers, not family members. The conversations and topics with family and friends upon return will be different.

### Parenting and reintegration

- ❖ **Don't give in to demands of guilt**  
Absence of a parent or guardian can be hard on children, but giving in to their demands just to ease feelings of guilt for being away will do more damage than good in the long run.
- ❖ **Be giving with your time and energy**  
Although there are a million things the deployed member must do upon return, nothing is more important than re-establishing relationships with family, especially children.

### Single parents

- ❖ **Reintegration with children**  
If the deployed member is a single parent, they may experience some unique concerns about reuniting with their children. Be patient, as not all things will go the way the returning parent plans.
- ❖ **Involve caregiver in transition**  
Cutting off the caregiver may seem natural to re-establishing a relationship with children, but it usually does more harm than good. Plan out a gradual transition plan to help ease children back into the parent's full-time care.

### Single Airmen

- ❖ **Communicate**  
Families are not the only ones dealing with changes caused from a deployment. Single Airmen must still expect some frustrations with friends, co-workers, roommates and family members upon return. Communication can ease the transition.

For more information or for a complete list of tips, contact the Airman and Family Readiness Center at 226-3847.

(Editors note: Information incorporated from the Air Force Reunion and Reintegration pamphlet.)

## Unfounded rumors circulating about assignments

**LAJES FIELD, Portugal** — Despite rumors floating around to the contrary, Air Force Personnel Center officials said there is no assignment freeze.

The question of "Where's my next assignment?" has been common lately, said Master Sgt. Shannon Parker of the Military Personnel Flight here.

"I think everyone is concerned because the assignment cycle for the July, August and September overseas cycle wasn't released in December as it was to supposed be released,"

Sergeant Parker said.

Sergeant Parker said people start speculating about reasons, that's when rumors get started.

"At this time, there has been no guidance that has told us anyone will be extended involuntarily," Sergeant Parker said. "You may receive your assignment a little later than usual, but that'll probably be the worst of it."

For more information on assignments, or questions concerning assignments, please call, the 48th MPF at 226-3508.



Photo by Airman 1st Class Kris Levasseur

The RAF Mildenhall Gospel choir, led by Senior Airman Aaron Johnson, performed at the Martin Luther King Jr. Luncheon at Eagles' Landing Jan. 10, in celebration of Martin Luther King Jr.'s birthday. Colonel Amanda Gladney, 48th Mission Support Group commander was the key note speaker at the event.

## USAFE celebrates 65 years of Airpower

**RAMSTEIN AIR BASE, Germany (USAFENS)** - United States Air Forces in Europe celebrates its 65th anniversary! The oldest, continuously active Air Force MAJCOM began on Jan. 19, 1942, when the War Department established Headquarters Eighth Air Force.

USAFE continues its forward presence in Europe and Africa – from delivering bombs in World War II to delivering humanitarian supplies to Berlin in 1948-1949; from fighting the Cold War of the 1980s to fighting today's Global War on Terror.

The command deployed to Desert Shield/Storm, flew missions into Sarajevo in the longest humanitarian airlift in history, then converted to combat missions over Kosovo several years later.

Since 9/11, USAFE has supported OIF/OEF with airlift, tankers,

fighters and personnel — today, 70 aircraft and 2000 Airmen fight the war on terror. Last summer, USAFE assisted 14,000 Lebanon evacuees during the Hezbollah-Israeli conflict.

Expanding east and south, USAFE continues its proud tradition as a flexible, agile team building on the outstanding achievements of thousands of Airmen to ensure freedom's future!

"For more than half a century, USAFE airmen have taken the fight to America's and our allies' enemies. All Airmen and civilians assigned to USAFE today, like those who came before, should take pride in the fact that, every day, their service to our nation adds to this command's proud legacy," said Gen. Tom Hobbins, USAFE commander.

- ❖ 1st wartime action: On Aug. 17, 1942 began its daylight precision bombing campaign against Axis Europe
- ❖ D-Day participation: 171 fighter squadrons with 3,000 aircraft flew 8,722 combat sorties gaining air superiority and disrupted German reinforcements and ground movements.
- ❖ WWII Medals of Honor: 25 aviators, 16 of them posthumously
- ❖ Berlin Airlift: In a 24-hour period, 2,764 flights delivered 12,941 tons of supplies and a cargo plane landed or took off from one of Berlin's three airfields every two minutes
- ❖ Operation El Dorado Canyon against Libyan terrorist: 18 RAF Lakenheath F-111 Aardvarks bombed five terrorist targets in Tripoli and Benghazi
- ❖ Operations Desert Shield/Storm: USAFE deployed 15 percent of its Airmen, 55 percent of its aircraft and 33 percent of its munitions – Spangdahlem's F-4Gs destroyed 143 radar sites
- ❖ Sarajevo Relief Missions: USAFE C-130s flew 12,886 relief missions, delivering more than 160,000 metric tons of supplies.
- ❖ Joint Task Force Shining Hope: A mass exodus of Kosovar citizens led to the establishment of Joint Task Force to provide immediate relief to more than 450,000 refugees as USAFE airlifted food, equipment, and medical supplies to the region.
- ❖ Global War on Terrorism: USAFE personnel played a key role in the humanitarian airdrops over Afghanistan, loading more than two million humanitarian rations as planes flew daily missions from Ramstein AB to Afghanistan





# Armory arms Airmen



Photos by Senior Airman Eric Donner

**Top:** Senior Airman Mark Gonzalez, 48th Security Forces Squadron, confirms a M-9, 9 mm Beretta pistol is safe and the chamber is clear before issuing Airman 1st Class Jacob Obermiller, 48th SFS, the weapon. Part of Airman Gonzalez's job is to verify servicemembers are authorized to arm before handing over a weapon. **Above:** Tech. Sgt. Jason Dell, 48th SFS armory NCO in charge, acts as the clearing barrel official. A clearing barrel official follows strict procedures during weapons issue and turn in. The procedures ensure the safety of all servicemembers involved in the process. **Right:** Senior Airman Christopher Price, 48th SFS, cleans a M-4 rifle at the SFS armory. Each weapon is cleaned monthly to ensure it is in good condition and operational in case it's ever needed. The armory is responsible for the security and storage of weapons issued to both security forces Airmen and those issued weapons for use during a deployment.





# Come sit at the Knight's Table



Airmen 1st Class Aubrey Sarver, 48th Services Squadron line chef, gathers ingredients for an entree for the Knight's Table dining facility. This is the first step she takes in the process of preparing an entree.



A grill chef at the Knight's Table dining facility, presses hamburgers flat on the grill in an effort to get them out to the Airmen faster. The facility cooks more than 30 hamburgers a day.

**STORY AND PHOTOS BY AIRMAN 1ST CLASS KRIS LEVASSEUR**

STAFF WRITER

There are many places for Airmen to eat a meal on base. From popular fast food restaurants to the commissary, making a decision can be difficult. If there's not a lot of time to decide what to do for lunch, why not go to RAF Lakenheath's Knight's Table dining facility.

Hundreds of people eat at the Knight's Table every day. The Knight's Table provides three meals daily Monday through Friday with lunch being the busiest time of day.

The Knight's Table offers a relaxing atmosphere available to all of RAF Lakenheath servicemembers and Ministry of Defense personnel. "This is not just a chow hall like you had in basic training, it is a dining facility," said Master Sgt. Lawrence Stephens, 48th Services Squadron Knight's Table manager. "It's a place where you can sit and have a meal with your friends, or just relax and watch Television," he added.

The first thing that can be seen coming through the doors is a 25 item salad bar, that includes the soup of the day. After going through the snack or main line, which has a choice of four entrées, including a vegetarian option, along with two starches and three vegetables, it is time to sit and eat.

There are many reasons for Airmen to eat at the Knight's table. Some go for the cost and some for the convenience, but others go for

the health factor. "I choose to eat here because it is healthier than most of the other options available," said Tech. Sgt. Penny Kos-Williams, 48th Security Forces Squadron.

The dining facility remains one of the least expensive choices available. "I prefer to eat at the dining facility because the food is just as good as the other food available on base and it is cheaper," said Airman Basic Thor Andresen, 48th Munitions Squadron conventional munitions technician. The average cost of a meal at the dining facility is approximately \$3 depending on the menu.

The 48th SVS spends many hours preparing for each meal. Hungry Airmen show up outside the dining facility as early as 6 a.m., so the staff has to be ready. "Some of the meals are prepared the day before due to the large volume of food that we need to make," said Sergeant Stephens. "Our morning shift comes in at 4:30 a.m. to start preparations for the breakfast meal and the afternoon shift comes in at 9:30 a.m. to start preparations for the short order line."

The Knight's Table serves a wide variety of foods. Items on the menu are determined by the Chief of Air Force Food Service, and by customer requests submitted through customer satisfaction cards. Because of the demand for variety, the menu is always changing. Every 14 days the old menu is rotated out for a new menu. A new menu cycle is scheduled to start Feb. 1.

Every Wednesday, the Knight's Table features a different ethnic food to help bring some variety to the dining facility. It offers Cajun,

oriental, British, southern, Mexican and Italian foods.

The dining facility serves a variety of specialty meals. It serves a Mongolian feast every second Friday of the month, a seafood feast every second Wednesday, a salad taster every fourth Monday and a dessert extravaganza every third Thursday.

In the past year, the 48th SVS won the 2006 Food Service Excellence Award, which put them in the running for the 2006 Air Force Hennessy Award of Excellence.

The Knight's Table's hours of operation are Monday through Friday, 6 to 8 a.m. for breakfast, 11 a.m. to 1 p.m. for lunch, and 3:30 to 6 p.m. for dinner. During weekends and holidays, the dining facility is open for brunch from 7 a.m. to 12:30 p.m. and for supper from 3:30 to 5:30 p.m.

With all the choices available, the Knight's Table can sometimes be overlooked, but for food with a wide variety of choices and a low price, it should still be an option to be considered.



Airmen 1st Class Aubrey Sarver cuts her first red bell pepper of the day as she prepares a dish to be served at the Knight's Table dining facility.



# NFL and USAF: How similar are we?

CAPT. MICHAEL ANDREWS

493RD AIRCRAFT MAINTENANCE UNIT

How many of you love this time of year because the playoffs have started? Do you try to get your house work done early on the weekends so you can sit down in the evening and enjoy the games? Do you get together with friends and root against each other's team just for the fun of it? I'm sure all of you who do, understand the amount of teamwork that goes into making it to the playoffs let alone all the way to the Super Bowl. But how many of you have drawn the correlation between what the players in the National Football League do during football season to what you do all year long?

Let's start by looking at great organizations and what made them great. Each of the past five decades had great teams that were considered dynasties...the Green Bay Packers, the Pittsburgh Steelers, the San Francisco 49ers, the Dallas Cowboys and the New England Patriots. It took a lot of hard work by smart people to place folks in the right position within the organization. The Air Force is now a dynasty of its own. We belong to the most powerful fighting force the world has ever seen, and it got there the same way; smart people with folks in the right position. Those five teams didn't just have their time in the spotlight. They may have had some average seasons, but bounced back and were Super Bowl contenders in other season. The bottom line is they have been great organizations all along, much like the Air Force has been over the same time frame. If you look back at all the campaigns the U.S. has been in, the outcomes may not have been the same, or with as little loss of American lives, if the Air Force had not been involved. These organizations are measured by making the playoffs and how far they advance. We measure ourselves the same way with our awards programs...take the 48th Aircraft Maintenance Squadron for example, they won the 2006 United States Air Forces in Europe Maintenance Effectiveness Award and are poised and ready to compete at the next level, or the second round of the playoffs. So even if you feel like you are having an average season...remember, you currently belong to a dynasty...the world's best!

Now let's break down the organization and look at who leads them at field level: the head coach and his assistants. Each one of those dynasties had great head coaches with great coordinators and assistants. If you have followed the coaching staffs, a lot of the assistants were "mentored" and promoted to the coach of other teams and have led them to the playoffs. It's not hard to figure out where I'm going with this. Our head coaches, the squadron commanders, are surrounded by a successful coaching staff as well. From the chief master sergeants, senior NCOs and first sergeants,

to the officers in charge or flight commanders, this coaching staff takes the orders from the head coach and points the squadron in the direction of success. Along the way, the squadron commander and the chiefs ensure the proper mentoring happens to build quality future head coaches and future chiefs.

It is important the head coach puts players on the field where they will excel. Some of these players have more glorious jobs than others and receive all the credit and fame. The great ones never forget to point out it took a lot of hard work in the trenches by the linemen who do the blocking to protect the quarterback or to open up those holes so the running backs can scamper down field. Others are too quick to point the finger at someone else or answer the "why-did-you-lose" question, with "we had protection problems today," blatantly blaming the folks in the trenches for the teams' failure. If you are a star player in a skilled position, don't forget to take a moment and thank the work horses in the trenches for making it happen.

A great offense is put together with high caliber players who execute the plays to put points on the board. There are long hours reading playbooks and studying film to ensure the game plan will be successful against the enemy. The same holds true for us, no matter what squadron we are in, we too have playbooks, Air Force instructions and technical orders. We must follow the playbooks to ensure our mission is completed safely and successfully.

A great defense is defined by having a great strategy blitzing schemes and pass rushes and a backfield that knows their assignments and doesn't let anyone get past them. We all joined this organization for different reasons, in each case; patriotism played a huge factor in our decision. We're all here to defend our freedom and the American way of life. The Air Force has a strategy in place, and each one of our assignments, especially in this time of downsizing, is crucial to the defense of our nation. So know your assignment and you won't get beat down field.

Now the part of the team that can make or break you, special teams. These guys start off the game and if either side fails, the tone and momentum are set for the opponent. They are not on the field as long as the offense or defense, but in order for a team to be successful, the special teams must be ready to perform when called upon, like the last second field goal for the win. Being in an Air Expeditionary Force bucket is like being on special teams. When you are not in your bucket, someone else is on the field, and while they are executing the mission, we need to be training to remain proficient because you never know when the coach is going to call on you to put the ball through the uprights.

So, as you go through your routine in order to get ready to take the field, remember, we are part of a dynasty, unmatched by anyone. Put your game face on and show-up motivated in order to own the edge, and for Pete's sake, don't play like the Cleveland Browns.







# Discover Britain

— By Natalie Benge - Community Relations Advisor —

## 2007 UK calendar of events

I can't believe another year is already upon us. I hope you had a good holiday, and I hope 2007 is a happy and fulfilling year for you and your family.

With so many events planned locally and throughout the UK, I thought this week I'd give you insight into some interesting calendar dates for 2007.

### Chinese New Year festival – London, Feb. 18

In the Chinese community, Chinese New Year is the biggest festival. Each year from late January to mid February there is a parade to mark the start of the year in many locations across the UK, but probably most famous is the London festival, sometimes known as the spring festival in China Town. Attractions include a parade to celebrate 2007, the Year of the Pig, and includes stage performances, music, dance and traditional Chinese events, all in Trafalgar Square in London. There are also two fireworks displays at 2 p.m. and 5 p.m. Feb. 18. For more information, visit [www.chinatownchinese.co.uk](http://www.chinatownchinese.co.uk).

### St. Patrick's Day Festival – Birmingham, March 9-11.

Other than New York and Dublin, Birmingham in the West Midlands is proud to host the third largest St. Patrick's Day festival in the world. The festival is held over three days and boasts lively Irish community events to support, promote and develop Irish and Celtic arts and culture. The three days are packed full of dancing, music, arts and crafts, and of course, there will be many a pint of beer drunk. For more information, visit [www.stpatricksfestival.com](http://www.stpatricksfestival.com).

### Oxford vs Cambridge University Boat Race - April 7

Each year the rivalry between Oxford and Cambridge Universities is played out in the form of a boat race on the Thames River. The event is televised, and each year thousands of spectators line the banks of the river to catch sight of the competitors and cheer the winning team on to victory. For more information, visit [www.theboatrace.org](http://www.theboatrace.org).

### Spalding Flower Parade - May 5

The 49th Annual Spalding Flower Festival is May 5-7. This year's theme is "Planet Earth." The May 5 parade will wind over 4.5 miles through Spalding. The floats in the parade are covered in spring flowers and accompanied by marching bands and dancers. The parade starts at 2 p.m., lasting approximately three hours and is free to watch. There will also be a country fair, music festival, art exhibition and fun-fair with children's entertainment, which makes for a great day out.

### Suffolk Show May 30-31

The Suffolk Show an annual event held at the Suffolk showground in Ipswich. The show has a wide range of features and attractions including show jumping, birds of prey, bandstands, food halls, a shop-

ping village and demonstrations in rural crafts. For more information and tickets, visit [www.suffolkshow.co.uk](http://www.suffolkshow.co.uk).

### Trooping the Color- London Horse Guards. June 16

This is one of the UK's most spectacular and well-known military ceremonial events. Trooping the Colour is performed by fully operational troops from the Household Division and the Kings Troop Royal Horse Artillery. The ceremony marks Her Majesty the Queen's official birthday.

Tickets for Trooping the Colour are very limited and are applied for by ballot by the end of February. Applications should be made by post to: Brigade Major, HQ Household Division, Horse Guards, Whitehall, London, SW1A 2AX. If unable to get tickets, the parade can be seen from St. James Park or along the Mall. The event is also broadcast on television in the UK. For more information, visit [www.royal.gov.uk](http://www.royal.gov.uk).

### Cambridge Folk Festival – July 26-29

The Cambridge Folk Festival is one of the longest running music festivals in the world. It takes place annually in Cambridge with the support of British Broadcasting Corporation Radio 2. The festival is normally sold out, so get tickets early. For more information, visit [www.cambridgefolkfestival.co.uk](http://www.cambridgefolkfestival.co.uk).

### Notting Hill Carnival – London August 24-26

The Notting Hill Carnival has been taking place in London, the last weekend in August, every year since 1964. This great festival began initially from the energies of Black immigrants from the Caribbean, particularly from Trinidad, where the Carnival tradition is very strong. The carnival also grew because of people living locally who dreamed of creating a festival to bring together the people of Notting Hill, most of whom were facing racism, lack of work opportunities and poor housing conditions resulting in a general suppression of self-esteem. The carnival is attended by thousands of people each year, and is a real treat.

### Blackpool Illuminations – September

Blackpool's Illuminations are switched on annually at the start of September and continue, nightly, until the beginning of November. There is a free show of moving, glowing tableaux, large illuminated models and laser lights attracting more than 3.5 million visitors a year. The display stretches along Blackpool's famous seafront, transforming the promenade into a wonderland of color. In addition to the illuminations, visitor can experience the fun fair, take a tram ride or a leisurely stroll along the seafront.

For more information on living in Britain call Natalie Benge, Community Relations Adviser at 266-3145, or email [natalie.benge@lakenheath.af.mil](mailto:natalie.benge@lakenheath.af.mil).

## Commissioning opportunity



Photo illustration by Staff Sgt. Vanessa Young

The deadline for LEAD applications is Jan. 31. If interested in attending the United States Air Force Academy or the Academy Prep School, call the Education Center at 226-6180.

## Worried about the weather?

For information on base and school weather delays or closure, call 226-3541 or off base (01638) 523 541 for RAF Lakenheath; and 238-3541 or off base (01638) 543 541 for RAF Mildenhall.



### CPR class

An American Red Cross First Aid and CPR class is Saturday from 8 a.m. to 5 p.m. For more information or to sign-up, call 226-1855.

### University of Phoenix

University of Phoenix is starting two new face-to-face classes in January. The classes are for a Masters in Business Administration and a Masters of Arts in Education in Curriculum and Instruction. For more information, call 226-3125.

### Distance education registration

University of Maryland College Distance Education registration for term three runs through today. For more information, call 226-3724.

### Volunteers needed

Volunteers are needed for Lakenheath Elementary School's annual Bazaar & Carnival, Feb. 10 at the school cafeteria and gym. Set-up, tear-down, vendor escorts and game helpers needed. For more information, e-mail [tracyt@gmail.com](mailto:tracyt@gmail.com).

### TRICARE assistance

The 48th Medical Group TRICARE office has a beneficiary counseling and assistance coordinator and debt collection assistance officer who gives assistance with TRICARE claims and benefits. The BCAC is an advocate to resolve customers' TRICARE questions. The DCAO helps resolve medical or dental bill debt collection issues. For more information or to receive assistance, call 226-8694.

### Legal claims

Anyone having claims against or indebted to the estate of Master Sgt. Scott Tusler, formerly of the 48th Civil Engineer Squadron at RAF Lakenheath, should call the summary court officer, 1st Lt. Matthew Schroeder at 226-1914 or e-mail at [matthew.schroeder@lakenheath.af.mil](mailto:matthew.schroeder@lakenheath.af.mil).



## MOVIES

### RAF Lakenheath 226-2139

#### Today

**6:30 p.m. Borat**, R, starring Sacha Baron Cohan, Kenneth Davitian. Borat Sagdiyev, Kazakhstan's sixth most famous man and a leading journalist from the State run TV network, travels from his home in Kazakhstan to the U.S. to make a documentary. On his cross-country road-trip, Borat meets real people in real situations with hysterical consequences.

**9 p.m. Borat**, R

#### Saturday

**1 p.m. Flushed Away**, PG, starring Ian McKellen Andy Serkis. The story of an uptown rat that gets flushed down the toilet from his penthouse apartment, ending in the sewers of London, where he has to learn a whole new and different way of life.

**3:30 p.m. Flushed Away** PG

**6:30 p.m. A Good Year**, PG-13, starring Russell Crowe, Albert Finney. London-based investment expert Max Skinner travels to Provence to tend a small vineyard he inherited from his late uncle. When he gets suspended from his job under suspicion of fraud, he settles in to life at the chateau, remembering the time he spent there as a child. Then a determined young California girl arrives claiming to be the illegitimate daughter of the deceased uncle and rightful owner of the vineyard.

#### Sunday

**3 p.m. Code Name: The Cleaner**, PG-13, starring Cedric The Entertainer, Elizabeth Hurley. An amnesiac janitor, who is duped into thinking he is an undercover agent, is subconsciously carrying a secret that can link the FBI with an arms scandal.

**5:30 Code Name: The Cleaner**, PG-13

#### Monday

**6:30 p.m. Borat**, R

#### Tuesday

**6:30 p.m. Code Name: The Cleaner**, PG-13

#### Wednesday

**6:30 p.m. Code Name: The Cleaner**, PG-13

#### Thursday

**6:30 p.m. A Good Year**, PG-13

### RAF Mildenhall 238-4955

#### Today

**6:30 p.m. Happy Feet**, PG, starring Savion Glover and Elijah Wood. Set deep in Antarctica and into the land of Emperor Penguins, where each needs a heart song to attract a soul mate, a penguin is born who cannot sing. Our hero Mumble, son of Memphis and Norma Jean, is the worst singer in the world – however, as it happens, he is a brilliant tap dancer!

**9 p.m. Stranger than Fiction**, PG-13, starring Will Ferrell and Maggie Gyllenhaal. A comedy about a novelist who is struggling to complete her latest – and potentially finest – book. There's only one problem: She only has to find a way to kill off her main character, Harold Crick, and she'll be done. Little does she know that Harold Crick is inexplicably alive and well in the real world, and is suddenly aware of her words. Fiction and reality collide when the bewildered and resistant Harold hears what she has in mind, and realizes that he must find a way to change her – and his ending.

#### Saturday

**3:30 p.m. Happy Feet**, PG

**6:30 p.m. Stranger Than Fiction**, PG-13

**9 p.m. Let's go to Prison**, R

#### Sunday

**3:30 p.m. Happy Feet**, PG

**6:30 p.m. Let's go to Prison**, R

#### Monday

**6:30 p.m. Happy Feet**, PG

#### Tuesday

**6:30 p.m. Let's go to Prison**, R

#### Wednesday

**6:30 p.m. Stranger Than Fiction**, PG-13

#### Thursday

**6:30 p.m. Code Name: The Cleaner** PG-13



## Briefs

### Varsity volleyball

Anyone interested in playing varsity men's and women's volleyball, contact 1st Lt. Rob Loniewsky at 226-5904 or Tech. Sgt. Sheldon Briggs at 226-3789.

### Mothers of preschoolers

Mothers of Preschoolers meet at the RAF Mildenhall base chapel every first and third Thursday of the month from 9:30 to 11:30 a.m. Free childcare on-site for 0-5 years old is available. For more information, call Shelly Criswell at (01638) 515 067.

### Central Texas College

It's not too late to register for Central Texas College Term 3. CTC offers the following courses: Introduction to Auto Technology, Early Childhood Development, the School Age Child, Probation and Parole, Traffic Law and Investigation, Criminal Law and Procedure, and Family Law. For more information, call 226-3507.

### Animal welfare officer

The animal welfare officer handles all pet concerns. The AWO provides education and information on owning a pet on a military installation. For more information, call the pet welfare office at 226-5796.

### Mothers and expecting mothers

WIC Overseas offers free milk, eggs, cheese, cereal, baby formula and other foods to eligible families. The friendly, knowledgeable staff can answer questions about breast feeding, starting solids, picky eaters, over-eating and any other questions about helping kids and parents well. Call (01638) 521 728 to determine if your family is eligible.

### Air Force Casualty Program

The mission of the Air Force Casualty Program is to provide dignified, compassionate and humane notification and assistance to family members and other designated people as promptly as possible after a member's casualty status is determined and reported. Civilian Casualty Assistance representatives are ready to assist families and military personnel during the process. In addition to the casualty mission, CARs are also responsible for Servicemembers' Group Life Insurance, Traumatic Injury Protection under the Servicemembers' Group Life Insurance, Family Servicemembers' Group Life Insurance and the virtual Record of Emergency Data. For more information, contact your base CAR, Pauline Madison at 226-3070.

### Scrapbook and craft night

A free scrapbook and craft night will be Saturday 5 p.m. to midnight at RAF Lakenheath's High School cafeteria. There will be raffles, demonstrations and more. Bring your own food, drinks and the crafts you wish to work on. For more information call Kami McManus at (07776) 254 609 or email [wkbm2001@yahoo.com](mailto:wkbm2001@yahoo.com).

### Little League baseball sign-ups.

Players are still needed for the up coming 2007 season. For more information, contact Tech. Sgt. Tony Green at 226-8446 or e-mail [tony.green@lakenheath.af.mil](mailto:tony.green@lakenheath.af.mil).

### Pottery sale

There will be a Polish Pottery sale in the high school cafeteria Feb. 4 from 9 a.m. to 5 p.m. and Feb. 5, 11 a.m. to 3 p.m. For more information, contact Ann Gerstner at [Ann.Gerstner@eu.dodea.edu](mailto:Ann.Gerstner@eu.dodea.edu).

*Lakenheath  
Chapel  
schedule*

## Catholic

Saturday Mass 5 p.m.

Sunday Mass 9:30 a.m.

Holy Day Mass 11:30 a.m. and 6:30 p.m.

Weekday Mass Monday, Wednesday,

Thursday and Friday 11:30a.m.

Reconciliation Saturdays 4 to 4:20 p.m. or by appointment.

## Protestant

Liturgical Service 8 a.m.

Traditional Protestant Service 11 a.m.

Gospel Service 12:30 p.m.

Contemporary Service 4:30 p.m.

For more information about worship times or other chapel programs, call 226-3711.